



**Psalm 1:1-6**

<sup>1</sup> Blessed is the one  
who does not walk in step with the wicked  
or stand in the way that sinners take  
or sit in the company of mockers,  
<sup>2</sup> but whose delight is in the law of the LORD,  
and who meditates on his law day and night.  
<sup>3</sup> That person is like a tree planted by streams of water,  
which yields its fruit in season  
and whose leaf does not wither—  
whatever they do prospers.

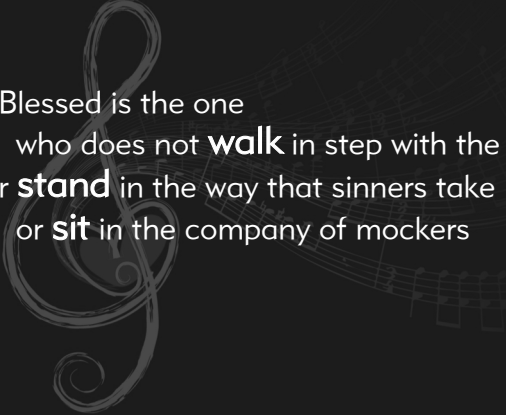
**Psalm 1:1-6**

<sup>4</sup> Not so the wicked!  
They are like chaff  
that the wind blows away.  
<sup>5</sup> Therefore the wicked will not stand in the judgment,  
nor sinners in the assembly of the righteous.  
<sup>6</sup> For the LORD watches over the way of the righteous,  
but the way of the wicked leads to destruction.

**TWO PEOPLE + TWO LESSONS**

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What to **AVOID**  
What to **PURSUE**



Psalm 1:1

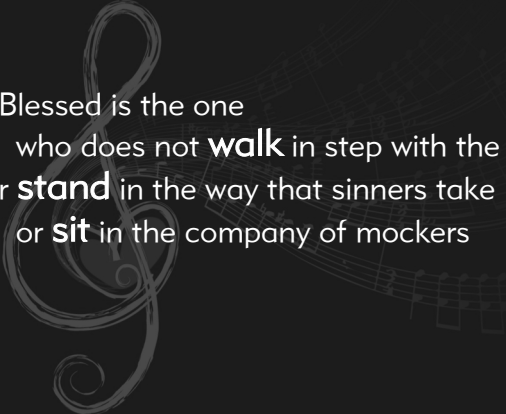
<sup>1</sup> Blessed is the one  
who does not **walk** in step with the wicked  
or **stand** in the way that sinners take  
or **sit** in the company of mockers

1) What to AVOID



Our relationships determine the  
quality and direction of our lives.


- *The Seven Checkpoints*, Stanley and Hall



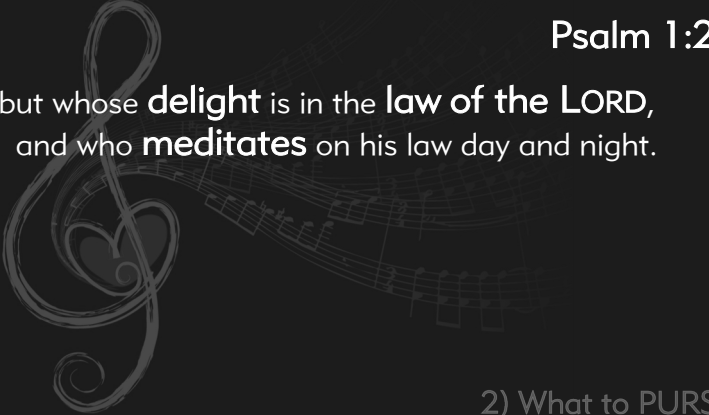
Psalm 1:1

<sup>1</sup> Blessed is the one  
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1) What to AVOID



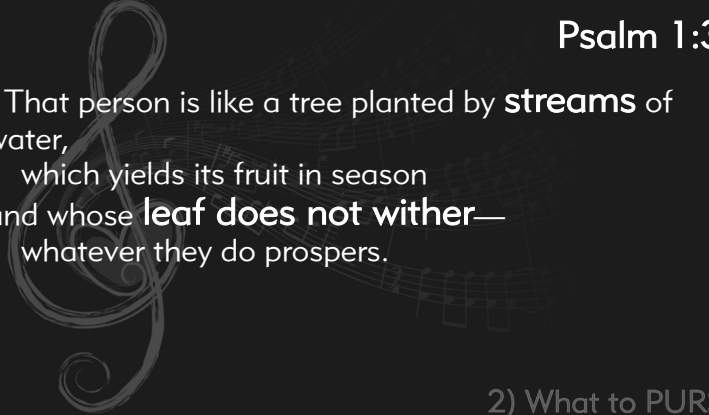
Are you a thermometer  
or a thermostat?



Psalm 1:2

<sup>2</sup>but whose **delight** is in the **law of the LORD**,  
and who **meditates** on his law day and night.

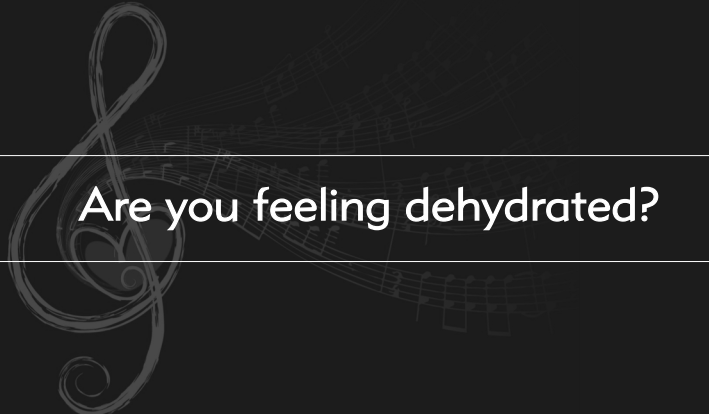
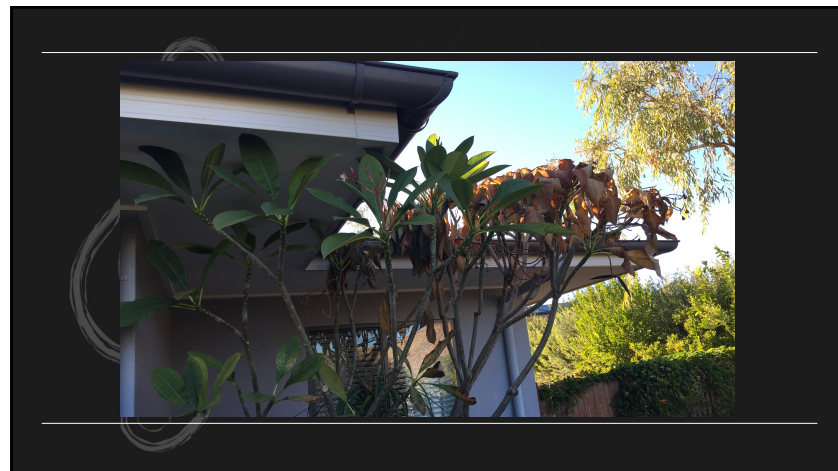
2) What to PURSUE



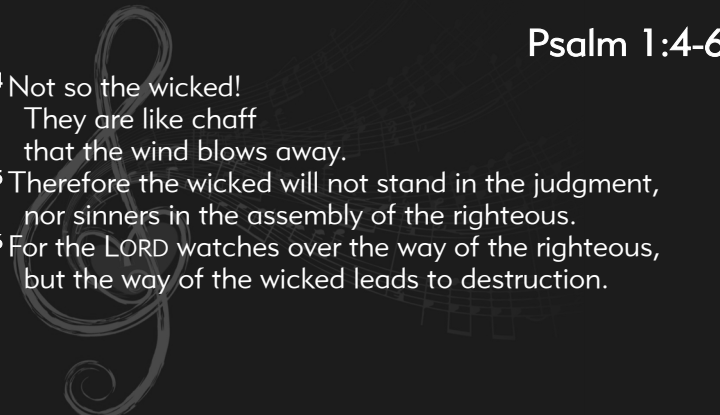
Psalm 1:3

<sup>3</sup>That person is like a tree planted by **streams** of  
water,  
which yields its fruit in season  
and whose **leaf does not wither**—  
whatever they do prospers.

2) What to PURSUE



Are you feeling dehydrated?




**Psalm 1:4-6**

<sup>4</sup> Not so the wicked!  
They are like chaff  
that the wind blows away.

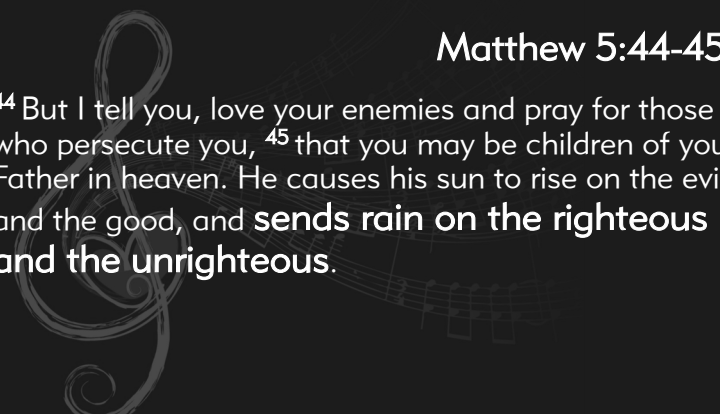
<sup>5</sup> Therefore the wicked will not stand in the judgment,  
nor sinners in the assembly of the righteous.

<sup>6</sup> For the LORD watches over the way of the righteous,  
but the way of the wicked leads to destruction.



**Psalm 1:6**

<sup>6</sup> For the **LORD watches over** the way of the  
righteous,  
but the way of the wicked **leads to destruction.**



**Matthew 5:44-45**

<sup>44</sup> But I tell you, love your enemies and pray for those  
who persecute you, <sup>45</sup> that you may be children of your  
Father in heaven. He causes his sun to rise on the evil  
and the good, and **sends rain on the righteous  
and the unrighteous.**



**Snacks and Streams**