

DBM is a simple, structured way of opening the Bible with someone so that they encounter God directly through His living Word.

The aim is to allow participants to discover God's truth for themselves, rather than relying on a leader. As the leader, you are there to empower them and to pray, not to have all the answers.

It's best to start with two or three people, or coach one person to do DBM with their community.

Try to reach a community, not just an individual.

The DBM method is as simple as

Ask

Ask each person how they went with the previous week's commitment.

"How did you go with _____?" "Who did you tell?"

Bible

- Choose a short passage from the Bible (around 5-10 verses).
- Have someone read it aloud, then ask someone else to reread the passage.
- Have the participants retell the story from memory.
- Spend some minutes silently reading the passage again.
- Silently pray for God to speak directly from the passage.
- Ask open-ended questions, such as:
 - "What do you see?" "What does this say about God?" "What does this say about us?" "What is God saying to you?"
- Let the participants do most of the talking and don't be afraid of silences.
- If the session veers off course, you can ask,
 - "Where do you see that in the Bible?"



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Commit

Let them suggest their own commitment to whatever God is saying to them. Ask them:

"What are you going to do?" "Who are you going to tell?"

Old Testament

Gen 1:1-5 First day of creation Gen 1:27-31 God makes man and woman Gen 3:1-9 Adam and Eve sin Exod 3:1-6 Moses and the burning bush 1 Sam 16:2-13 Samuel annoints David 1 Sam 17: 32-37 David kills Goliath 1 Kings 18:30-39 Elijah calls on God Ps 23:1-6 God as our good shepherd Ps 139:1-10 God's knowledge of us Ps 139:13-18 God was there before our birth Isaiah 53:3-9 Jesus sacrifice and death foretold

New Testament

The birth of Jesus
The baptism of Jesus
Jesus is tempted
Jesus teaches us how to pray
Jesus and His disciples - last supper
Jesus calms the storm
Jesus heals a paralysed man
Parable of the good Samaritan
The story of the lost sons
Jesus heals a blind beggar
Zacchaeus meets Jesus
Jesus coming to earth
Jesus and Nicodemus
God's incredible love for us
Healing at the pool of Bethesda
Jesus feeds the 5000
Jesus arrested
Jesus death and burial
Jesus is crucified
Jesus resurrection
Jesus appears to Mary after His death
Thomas sees Jesus
Jesus goes up to heaven
Saul's dramatic conversion to Jesus
Lydia believes in Jesus
The impact of faith in God
Who we are because of Jesus
Made alive in Jesus
Freedom in Christ

Changed outlook on life

Col 3:1-14