

Home Group Discussion Guide for An Anchor For Our Soul: Who Jesus Is

Megan Brown

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The following questions are designed to help groups explore the message above by challenging participants to consider how God is wanting them to apply it to their lives.

*The questions are a **guide** to help lead discussion.*

Please don't feel that all questions need to be asked, instead respond to the needs of your group.

If you have new people in your group, take the opportunity to introduce each other and clarify any expectations that are present in your group (such as confidentiality).

GETTING STARTED

1. If this is the first time your group is meeting for the year – take some time to catch up and build relationship with each other again.
 2. What was the main challenge or idea that stood out to you from the message on Sunday?
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REFLECTING ON THE MESSAGE

Key Scriptures: *Mark 7:31-37; Romans 8:22-23; Mark 5:19; Matthew 11:2-5; Isaiah 35:4b-6a*

(Read Mark 7:31-37)

1. In first encountering this passage, would you see it as simply an example of Jesus healing, or something more? What makes you say that?

(Read Mark 7:31-34)

2. When we consider the **ways** of Jesus; what are some of the things we learn about Him from His healing of the man?
3. Is it encouraging for you that Jesus sighs/groans alongside creation (**stenazō** also in Rom 8:22-23) with us?
 - a. Is there something in your life currently that knowing Jesus is groaning alongside you would encourage you with?

(Read Mark 7:35-37)

4. Was there a message Jesus was demonstrating about who He was, as he healed this man? What is it?
 - a. How does Matthew 11:2-5 and Isaiah 35:4b-6a relate to this?
 - b. How does this story relate to Jesus calming the storm in Mark 4:35-41?
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RESPONDING TO THE MESSAGE

In this passage we see;

- Jesus is a powerful, personal, leader who joins us in our struggles and our groaning
- Jesus is more than a miracle worker
- Jesus is God. The One who was promised and has come to save

1. Which of these truths resonates with you most at this moment? Why?
 2. Which do you need to choose to anchor yourself in this year?
 - a. What might this look like to do this?
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OPPORTUNITY FOR PRAYER

Our Home Groups are the primary place for pastoral care to occur within the Church. We would encourage you to take the opportunity to pray for each other in this space.

