



Pursuing Peace

THE REDEMPTION OF CONFLICT

Check Yourself

MATTHEW 7:1-5



PeaceWise

building peacemakers for life

<https://peacewise.org.au/>

¹ “Do not judge, or you too will be judged. ² For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. ³ “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? ⁴ How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? ⁵ You hypocrite, **first** take the plank out of your own eye, and **then** you will see clearly to remove the speck from your brother’s eye.

Matthew 7:1-5

A photograph of a paved road winding through a dense forest. The road has a yellow center line and a metal guardrail on the right side. The trees are lush and green, with sunlight filtering through the canopy. A semi-transparent white rectangular box is overlaid on the center of the image, containing the text.

*Before You Respond –
Check Yourself First*

For **in the same way** you judge others, you will be judged, and with the measure you use, it will be measured to you.

- Matthew 7:2

A photograph of a road with a large pothole, overlaid with a semi-transparent white box containing the text '1. Check Your Approach'. The road is paved and has a yellow center line. The pothole is filled with asphalt and some debris. The background shows a dense forest of green trees.

1. Check Your Approach

For in the same way you judge others, you will be judged, and
with the measure you use, it will be measured to you.

- Matthew 7:2

A photograph of a road with a large section of asphalt missing, surrounded by trees and a guardrail.

2. Check Your Expectations

³ “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? ⁴ How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye?
- Matthew 7:3-4

A photograph of a road with a large pothole and debris, with a semi-transparent text box overlaid.

3. Check Your Perspective

A photograph of a paved road winding through a dense forest. The road has a yellow center line and a metal guardrail on the right side. A white rectangular text box is overlaid on the center of the image. The text inside the box is in a serif font, with the main title in italics and the quote in a mix of bold and regular weights.

*...Then Work On Your
Side First...*

You hypocrite, **first take the plank out of
your own eye...** Matthew 7:5a

You hypocrite, **first** take the plank out of your own eye, and **then** you will see clearly to remove the speck from your **brother's** eye.

Matthew 7:5

A photograph of a road with a large pothole, overlaid with a semi-transparent white box containing the text '4. Check Your Heart'. The road is paved and has a yellow center line. The pothole is filled with asphalt and some debris. The background shows a dense forest of green trees.

4. Check Your Heart



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