Home Group Discussion Guide Check Yourself

lain Anderson 16 March 2025

The following questions are designed to help groups explore the message above by challenging participants to consider how God is wanting them to apply it to their lives.

The questions are a guide to help lead discussion.

Please don't feel that all questions need to be asked, instead respond to the needs of your group. If you have new people in your group, take the opportunity to introduce each other and clarify any expectations that are present in your group (such as confidentiality).

GETTING STARTED

- 1. How was conflict dealt with in your family growing up? What lessons did you want to hold on to / Or get rid of?
- 2. What was the main challenge or idea that stood out to you from the message on Sunday?

REFLECTING ON THE MESSAGE

Key Scripture: Matthew 7:1-5

(Read Matthew 7:1-5)

- 1. Jesus challenges us to pause and check ourselves, before we respond in conflict Have you seen this modelled well in your life? How?
- 2. Jesus encourages us to check ourselves in 4 ways as we approach conflict. What does it mean to check ourselves in these areas?
 - a. Check Your Approach (Matt 7:2a)
 - b. Check Your Expectations (Matt 7:2b)
 - c. Check Your Perspective (Matt 7:3-4)
 - d. Check Your Heart (Matt 7:5b)
- 3. Can you think of examples where you have seen someone deal with these items well? What happened?
- 4. Which of those ideas are easiest for you? What about a challenge? Why

RESPONDING TO THE MESSAGE

- 1. Is there a conflict currently in your world that you could put this into practice? What would that look like?
- 2. Who can keep you accountable to this?

OPPORTUNITY FOR PRAYER

Our Home Groups are the primary place for pastoral care to occur within the Church. We would encourage you to take the opportunity to pray for each other in this space.

